## **PSHE Subject Overview 2025-2026**

Autumn	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc.1.9.25 -	Settling in	Making	PSHE	PSHE	PSHE	PSHE	PSHE	PSHE
12.9.25		relationships	Relationships	Relationships	Relationships	Relationships	Relationships	Relationships
	Forming positive	with others.	Families and	Families and	Families and	Families and	Families and	Families and
	bonds with		friendships	friendships	friendships	friendships	friendships	friendships
	others	Discuss family and friends	2 weeks	2 weeks	2 weeks	2 weeks	2 weeks	2 weeks
	Rules and							
I	Routines							
l	Play with							
	increasing							
	confidence							
	independently							
	and with others.							
Wc.15.9.25 -	RSE	RSE	RSE	RSE	RSE	RSE	RSE	RSE
19.9.25	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in
	Love – Social	Love – Social	Love – Social	Love – Social	Love – Social	Love – Social	Love – Social	Love – Social
	and Emotional	and Emotional	and Emotional	and Emotional	and Emotional	and Emotional	and Emotional	and Emotional
	(to recognise the	(to recognise the	(to recognise	(to recognise the	(to describe and	(to describe how	(to show	(to know that
	joy of being	joy of being	that I am loved	joy and	give reasons	we should all be	knowledge and	stable and caring
	special and	special and	in my family)	friendship of	how friendships	accepted and	understanding	relationships,
	unique)	unique)	RE – Domestic	belonging to a	make us feel	respected)	of emotional	which are all
			Church, families	diverse	happy and safe)		relationship	different, are at
				community)			changes as we	the heart of
							grow and	happy families)
							develop)	
Wc.22.9.25 -	All are welcome	All are welcome	All are Welcome	All are Welcome	All are Welcome	All are Welcome	All are Welcome	All are Welcome
26.9.25	The Family Book	The Family Book	Hair, It's a	The Great Big	Beegu (making	Aalfred and	And Tango	The Only Way is
	(families are	(families are	Family Affair	Book of Families	people to feel	Aalbert	Makes Three	Badger
National	different)	different)	(celebrate how	(to understand	welcome, it's ok	(different	(different	(consequences
Recycling Week			families can be different)	what diversity is)	to be different)	families/relation	families/relation	of actions, can

22.9.25 -						ships and being	ships and being	link to
28.9.25						gay)	gay)	friendships)
Wc.29.9.25 –	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:
3/10.25	Diversity month	Diversity month	Diversity month	Diversity month	Diversity month	Diversity month	Diversity month	Diversity month
	(My family	(My family	(My family	(My family	(My family	(My family	(My family	(My family
	origins). A	origins). A	origins). A	origins). A	origins). A	origins). A	origins). A	origins). A
	homework	homework	homework	homework	homework	homework	homework	homework
	project will be	project will be	project will be	project will be	project will be	project will be	project will be	project will be
	done also	done also	done also.	done also.	done also.	done also.	done also	done also
	October	October	- October	- October	- October	- October	October	October
Wc.6.10.25 -	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:
10.10.25	World Mental	World Mental	World Mental	World Mental	World Mental	World Mental	World Mental	World Mental
	Health Day	Health Day	Health Day	Health Day	Health Day	Health Day	Health Day	Health Day
Wc.13.10.25-	(KH to organise)	(KH to organise)	(KH to organise) PSHE	(KH to organise) PSHE	(KH to organise) PSHE	(KH to organise) PSHE	(KH to organise) PSHE	(KH to organise) PSHE
7.11.25	Forming positive bonds with	Making						_
7.11.25	others	relationships with others.	<b>Relationships</b> Safe	<b>Relationships</b> Safe	<b>Relationships</b> Safe	<b>Relationships</b> Safe	<b>Relationships</b> Safe	<b>Relationships</b> Safe
Half-term	others	with others.	relationships	relationships	relationships	relationships	relationships	relationships
27.10.25 <b>–</b>	Rules and	Discuss family	3 weeks	3 weeks	3 weeks	3 weeks	3 weeks	3 weeks
31.10.25	Routines	and friends	2 weeks	2 weeks	2 Meeks	2 Meeks	2 Meeks	2 MEEK2
31.10.25	Routines	and menus						
	Play with							
	increasing							
	confidence							
	independently							
	and with others.							
Wc.10.11.25 -	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:
14.11.25	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying
	week –	week –	week –	week –	week –	week –	week –	week –
Remembrance	November	November	November	November	November	November	November	November
Day 11/11/25	(School Council)	(School Council)	(School Council)	(School Council)	(School Council)	(School Council)	(School Council)	(School Council)
	,		,					
<b>Odd Socks Day</b>								
10/11/25								
<b>World Kindness</b>								
Day 13/11/25								

Wc.17.11.25 – 21.11.25  Children in Need 21/11/25  Official Road Safety Week – we will cover this later in the year properly.	All are welcome Blue Chameleon (everyone is different)	All are welcome Blue Chameleon (everyone is different)	All are Welcome Elmer (to like the way I am)	All are Welcome How to be a Lion (empathising with others, finding solutions)	All are Welcome The Hueys in the New Jumper (it's ok to be different)	All are Welcome Red: A Crayon's Story (be who you are)	All are Welcome How to Heal a Broken Wing (choosing to not be a bystander)	All are Welcome The Island (racism)
Wc.24.11.25- 5.12.25	Continue to develop rules and routines	Discuss feelings/ behaviours	PSHE Relationships Respecting	PSHE Relationships Respecting	PSHE Relationships Respecting	PSHE Relationships Respecting	PSHE Relationships Respecting	PSHE Relationships Respecting
Monday 24 <sup>th</sup> – Inset Day	Develop friendships and discuss emotions linked to inside out.	Discuss what is right/ wrong	ourselves and others 2 weeks	ourselves and others 2 weeks	ourselves and others 2 weeks	ourselves and others 2 weeks	ourselves and others 2 weeks	ourselves and others 2 weeks

There are two weeks free at the end of the Autumn term to catch up on anything you may be behind with.

Spring	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc. 5.1.26 – 16.1.26 Monday 5 <sup>th</sup> – Inset day	Continue to develop rules and routines  Develop friendships and discuss emotions linked to inside out.	Discuss feelings of other.  Follow rules and routines	Living in the Wider World Belonging to a community 2 weeks	Living in the Wider World Belonging to a community 2 weeks	Living in the Wider World Belonging to a community 2 weeks	Living in the Wider World Belonging to a community 2 weeks	Living in the Wider World Belonging to a community 2 weeks	Mental Health and emotional support (pre SATs)
Wc. 29.1.26 – 23.1.26	RSE A Journey in Love — Spiritual (to celebrate the joy of being a special person in God's family)	RSE A Journey in Love – Spiritual (to celebrate the joy of being a special person in God's family)	RSE A Journey in Love – Spiritual (to celebrate ways that God loves and cares for us)	RSE A Journey in Love – Spiritual (to celebrate ways of meeting God in our communities)	RSE A Journey in Love — Spiritual (to celebrate the joy and happiness of living in friendship with God and others)	RSE A Journey in Love – Spiritual (to celebrate the uniqueness and innate beauty of each of us)	RSE A Journey in Love – Spiritual (to celebrate the joy of growing physically and spiritually)	RSE A Journey in Love – Spiritual (show an understanding of how being made in the image of God informs decisions and actions)
Wc.26.1.26 – 30.1.26	All are Welcome You Choose (we all like different things)	All are Welcome You Choose (we all like different things)	All are Welcome Going to the Volcano (working together)	All are Welcome All are Welcome (diverse children from diverse families)	All are Welcome This is Our House (to understand how someone can feel like an outsider)	All are Welcome Julian is a Mermaid (difference and acceptance)	All are Welcome Kenny lives with Erica and Martina (discrimination)	All are Welcome King of the Sky (feeling a sense of belonging)
Wc.2.2.26 – 6.2.26  NSPCC Number Day 6.2.26  Children's Mental Health Week	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)	Theme: Safety – visitors from our community who keep us safe. (organise for visitors to come in)

Half-term 9.2.26 - 13.2.26								
Wc.16.2.26 – 27.2.26 Safer internet day 10.2.26	Talk about feelings and understand how others are feeling.  Talk with others to solve conflicts.	Discuss feelings of other. Follow rules and routines	Living in the Wider World Money and work 2 weeks	Living in the Wider World Money and work 2 weeks	Living in the Wider World Money and work 2 weeks	Living in the Wider World  Money and work  2 weeks	Living in the Wider World Money and work 2 weeks	Living in the Wider World Money and work 2 weeks
Wc.2.3.26 – 6.3.26	All are Welcome Red Rockets and Rainbow Jelly (liking different things)	All are Welcome Red Rockets and Rainbow Jelly (liking different things)	All are Welcome Want to Play Trucks (gender expectations)	All are Welcome Can I Join Your Club? (being excluded)	All are Welcome Planet Omar: Accidental Trouble Magnet (stereotypes and mental health)	All are welcome Dogs Don't Do Ballet (you can be what you want to be)	All are Welcome Rose Blanche (prejudice and choices)	All are Welcome Leaf (acceptance)
Wc.9.3.26 – 13.3.26  (This is not the official date but when it best suits for us)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)	Theme: Road Safety week (KH to liaise with Healthy Schools)
Wc. 16.3.26 – 20.3.26 Easter Break 30.2.26 – 10.3.26	All are Welcome Hello, Hello (diversity)	All are Welcome Hello, Hello (diversity)	All are Welcome My World, Your World (we share the world with lots of people, being different)	All are Welcome Amazing (disabilities)	All are Welcome We're All Wonders (bullying those who are different, don't be a bystander)	All are Welcome Along Came A Different (overcoming racism)	All are Welcome Mixed (racism, altering perceptions)	All are Welcome Introducing Teddy (trans)

There is one week free at the end of the Spring term to catch up on anything you may be behind with.

Summer	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc. 13.4.26 -	RSE	RSE	RSE	RSE	RSE	RSE	RSE	RSE
17.4.26	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in	A Journey in
	Love – Physical	Love – Physical	Love – Physical	Love – Physical	Love – Physical	Love – Physical	Love – Physical	Love – Physical
	(to recognise	(to recognise	(to recognise	(to recognise	(to recognise	(to recognise	(to recognise	(to recognise
	that we are all	that we are all	that I am cared	that I cared for				
	different and	different and	for and kept safe	and kept safe in				
	unique)	unique)	in my family)	my family)	my family)	my family)	my family)	my family)
Wc. 20.4.26 -	Find solutions to	Follow more	Health and	Health and	Health and	Health and	Health and	Health and
8.5.26	conflicts and	complex	Wellbeing	Wellbeing	Wellbeing	Wellbeing	Wellbeing	Wellbeing
	rivalries.	instructions	Physical health	Physical health	Physical health	Physical health	Physical health	Physical health
Monday 4th			and mental	and mental	and mental	and mental	and mental	and mental
May – Inset	Make healthy	Resolve conflicts	wellbeing	wellbeing	wellbeing	wellbeing	wellbeing	wellbeing
Day	choices about		3 weeks	3 weeks	3 weeks	3 weeks	3 weeks	3 weeks
	food and drinks.							
Wc. 11.5.26 -	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:	Theme:
15.5.26	Dental hygiene	Dental hygiene	Dental hygiene	Dental hygiene	Dental hygiene	Dental hygiene	Dental hygiene	Dental hygiene
	and Overweight	and Overweight	and Overweight	and Overweight	and Overweight	and Overweight	and Overweight	and Overweight
(SATs week	and Obesity	and Obesity (KH	and Obesity	and Obesity	and Obesity	and Obesity	and Obesity	and Obesity
falls within	(KH to liaise	to liaise with	(KH to liaise	(KH to liaise	(KH to liaise	(KH to liaise	(KH to liaise	(KH to liaise
this)	with Healthy	Healthy Schools)	with Healthy	with Healthy	with Healthy	with Healthy	with Healthy	with Healthy
	Schools)	1 week	Schools)	Schools)	Schools)	Schools)	Schools)	Schools)
	1 week		1 week	1 week	1 week	1 week	1 week	1 week
Wc. 18.6.26 -	Talk about	Work	Health and	Health and	Health and	Health and	Health and	Health and
5.6.26	feelings and	cooperatively,	Wellbeing	Wellbeing	Wellbeing	Wellbeing	Wellbeing	Wellbeing
	understand how	taking turns and	Growing and	Growing and	Growing and	Growing and	Growing and	Growing and
Walk to	others are	sharing with	changing	changing	changing	changing	changing	changing
school week	feeling linking to	others	2 weeks	2 weeks	2 weeks	2 weeks	2 weeks	2 weeks
20.5.26 –	inside out							
25.5.26	movie.							
	To develop their							
Half term -	sense of							
25.5.26 –	responsibility							
<b>29.5.26</b>	and membership							
	of community .							

Wc. 8.6.26 – 12.6.26 British Heart Week 7.6.26 – 15.6.26	(set up snack and clean up after).  All are Welcome Mommy, Mama and Me (celebrate my family)	All are Welcome Mommy, Mama and Me (celebrate my family)	All are Welcome Errol's Garden (teamwork)	All are Welcome What the Jackdaw Saw (awareness of the need to communicate in different ways)	All are Welcome The Truth About Old People (stereotypes and discrimination)	All are Welcome When Sadness Comes to Call (achieving good mental health)	All are Welcome Pip and Egg (the importance of companionship)	All are Welcome If I were Prime Minister (democracy and politics)
Wc. 15.6.26 – 19.6.26	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)	Theme: First aid (KH to organise)
Wc. 22.6.26 – 10.7.26	Do not always need an adult to remind them of a rule. To take part in other pretend play with different roles. Discuss feelings/ transition into Reception	Discuss feelings/ transition into Year1	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks	Health and Wellbeing Keeping safe 3 weeks

There is one week free at the end of the Summer term to catch up on anything you may be behind with.

<sup>\*</sup>Career week in Summer 2 – focusing on aspirations.