



St Jude's Catholic Primary School

PSHE Subject Overview 2025-2026

Autumn	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc.1.9.25 – 12.9.25	<p>Settling in</p> <p>Forming positive bonds with others</p> <p>Rules and Routines</p> <p>Play with increasing confidence independently and with others.</p>	<p>Making relationships with others.</p> <p>Discuss family and friends</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>
Wc.15.9.25 – 19.9.25	<p>RSE A Journey in Love – Social and Emotional (to recognise the joy of being special and unique)</p>	<p>RSE A Journey in Love – Social and Emotional (to recognise the joy of being special and unique)</p>	<p>RSE A Journey in Love – Social and Emotional (to recognise that I am loved in my family)</p> <p>RE – Domestic Church, families</p>	<p>RSE A Journey in Love – Social and Emotional (to recognise the joy and friendship of belonging to a diverse community)</p>	<p>RSE A Journey in Love – Social and Emotional (to describe and give reasons how friendships make us feel happy and safe)</p>	<p>RSE A Journey in Love – Social and Emotional (to describe how we should all be accepted and respected)</p>	<p>RSE A Journey in Love – Social and Emotional (to show knowledge and understanding of emotional relationship changes as we grow and develop)</p>	<p>RSE A Journey in Love – Social and Emotional (to know that stable and caring relationships, which are all different, are at the heart of happy families)</p>
Wc.22.9.25 – 26.9.25 National Recycling Week	<p>All are welcome The Family Book (families are different)</p>	<p>All are welcome The Family Book (families are different)</p>	<p>All are Welcome Hair, It's a Family Affair (celebrate how families can be different)</p>	<p>All are Welcome The Great Big Book of Families (to understand what diversity is)</p>	<p>All are Welcome Beegu (making people to feel welcome, it's ok to be different)</p>	<p>All are Welcome Aalfred and Aalbert (different families/relation)</p>	<p>All are Welcome And Tango Makes Three (different families/relation)</p>	<p>All are Welcome The Only Way is Badger (consequences of actions, can</p>

22.9.25 – 28.9.25						ships and being gay)	ships and being gay)	link to friendships)
<p>Wc 29.9.25 – 10.10.25</p> <p>Diversity month (My family origins). A homework project will be done also. – October</p> <p>Theme: World Mental Health Day</p>	<p>Settling in</p> <p>Forming positive bonds with others</p> <p>Rules and Routines</p> <p>Play with increasing confidence independently and with others.</p>	<p>Making relationships with others.</p> <p>Discuss family and friends</p>	<p>PSHE Relationships</p> <p>Families and friendships</p> <p>2 weeks</p>					
<p>Wc.13.10.25-14.11.25</p> <p>Half-term 27.10.25 – 31.10.25</p> <p>Theme: Anti-bullying week – November (School Council)</p> <p>Remembrance Day 11/11/25</p> <p>Odd Socks Day 10/11/25</p>	<p>Forming positive bonds with others</p> <p>Rules and Routines</p> <p>Play with increasing confidence independently and with others.</p>	<p>Making relationships with others.</p> <p>Discuss family and friends</p>	<p>PSHE Relationships</p> <p>Safe relationships</p> <p>4 weeks</p>					

Spring	Pre-school	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wc. 5.1.26 – 16.1.26 Monday 5th – Inset day	Continue to develop rules and routines Develop friendships and discuss emotions linked to inside out.	Discuss feelings of other. Follow rules and routines	<i>Living in the Wider World</i> Belonging to a community 2 weeks	<i>Living in the Wider World</i> Belonging to a community 2 weeks	<i>Living in the Wider World</i> Belonging to a community 2 weeks	<i>Living in the Wider World</i> Belonging to a community 2 weeks	<i>Living in the Wider World</i> Belonging to a community 2 weeks	<i>Mental Health and emotional support (pre SATs)</i>
Wc. 29.1.26 – 23.1.26	RSE A Journey in Love – Spiritual (to celebrate the joy of being a special person in God’s family)	RSE A Journey in Love – Spiritual (to celebrate the joy of being a special person in God’s family)	RSE A Journey in Love – Spiritual (to celebrate ways that God loves and cares for us)	RSE A Journey in Love – Spiritual (to celebrate ways of meeting God in our communities)	RSE A Journey in Love – Spiritual (to celebrate the joy and happiness of living in friendship with God and others)	RSE A Journey in Love – Spiritual (to celebrate the uniqueness and innate beauty of each of us)	RSE A Journey in Love – Spiritual (to celebrate the joy of growing physically and spiritually)	RSE A Journey in Love – Spiritual (show an understanding of how being made in the image of God informs decisions and actions)
Wc.26.1.26 – 30.1.26	All are Welcome You Choose (we all like different things)	All are Welcome You Choose (we all like different things)	All are Welcome Going to the Volcano (working together)	All are Welcome All are Welcome (diverse children from diverse families)	All are Welcome This is Our House (to understand how someone can feel like an outsider)	All are Welcome Julian is a Mermaid (difference and acceptance)	All are Welcome The Bad Seed (discrimination)	All are Welcome King of the Sky (feeling a sense of belonging)
Wc.2.2.26 – 6.2.26 NSPCC Number Day 6.2.26 Children’s Mental Health Week	Continue to develop rules and routines Develop friendships and discuss emotions linked to inside out.	Discuss feelings of other. Follow rules and routines	<i>Living in the Wider World</i> Belonging to a community 1 week	<i>Living in the Wider World</i> Belonging to a community 1 week	<i>Living in the Wider World</i> Belonging to a community 1 week	<i>Living in the Wider World</i> Belonging to a community 1 week	<i>Living in the Wider World</i> Belonging to a community 1 week	<i>Mental Health and emotional support (pre SATs)</i>

<p>Half-term 9.2.26 - 13.2.26</p> <p>Theme: Safety – visitors from our community who keep us safe.</p>								
<p>Wc.16.2.26 – 27.2.26</p> <p>Safer internet day 10.2.26</p>	<p>Talk about feelings and understand how others are feeling.</p> <p>Talk with others to solve conflicts.</p>	<p>Discuss feelings of other. Follow rules and routines</p>	<p><i>Living in the Wider World</i> Money and work 2 weeks</p>	<p><i>Living in the Wider World</i> Money and work 2 weeks</p>	<p><i>Living in the Wider World</i> Money and work 2 weeks</p>	<p><i>Living in the Wider World</i> Money and work 2 weeks</p>	<p><i>Living in the Wider World</i> Money and work 2 weeks</p>	<p><i>Living in the Wider World</i> Money and work 2 weeks</p>
<p>Wc.2.3.26 – 6.3.26</p>	<p>All are Welcome Red Rockets and Rainbow Jelly (liking different things)</p>	<p>All are Welcome Red Rockets and Rainbow Jelly (liking different things)</p>	<p>All are Welcome Want to Play Trucks (gender expectations)</p>	<p>All are Welcome Can I Join Your Club? (being excluded)</p>	<p>All are Welcome The Truth about Old People (To recognise a stereotype)</p>	<p>All are welcome Dogs Don't Do Ballet (you can be what you want to be)</p>	<p>All are Welcome Rose Blanche (prejudice and choices)</p>	<p>All are Welcome Leaf (acceptance)</p>
<p>Wc.9.3.26 – 13.3.26</p> <p>Theme: Road Safety week (liaise with Healthy Schools)</p> <p>(This is not the official date but when</p>	<p>Talk about feelings and understand how others are feeling.</p> <p>Talk with others to solve conflicts.</p>	<p>Discuss feelings of other. Follow rules and routines</p>	<p><i>Living in the Wider World</i> Money and work 1 week</p>	<p><i>Living in the Wider World</i> Money and work 1 week</p>	<p><i>Living in the Wider World</i> Money and work 1 week</p>	<p><i>Living in the Wider World</i> Money and work 1 week</p>	<p><i>Living in the Wider World</i> Money and work 1 week</p>	<p><i>Living in the Wider World</i> Money and work 1 week</p>

<p>Walk to school week 20.5.26 – 25.5.26</p> <p>Half term – 25.5.26 – 29.5.26</p>	<p>others are feeling linking to inside out movie. To develop their sense of responsibility and membership of community (set up snack and clean up after).</p>	<p>sharing with others</p>	<p>Growing and changing 2 weeks</p>	<p>Growing and changing 2 weeks</p>	<p>Growing and changing 2 weeks</p>	<p>Growing and changing 2 weeks</p>	<p>Growing and changing 2 weeks</p>	<p>Growing and changing 2 weeks</p>
<p>Wc. 8.6.26 – 12.6.26</p> <p>British Heart Week 7.6.26 – 15.6.26</p>	<p>All are Welcome Mommy, Mama and Me (celebrate my family)</p>	<p>All are Welcome Mommy, Mama and Me (celebrate my family)</p>	<p>All are Welcome Errol’s Garden (teamwork)</p>	<p>All are Welcome What the Jackdaw Saw (awareness of the need to communicate in different ways)</p>	<p>All are Welcome An English Year (stereotypes)</p>	<p>All are Welcome When Sadness Comes to Call (achieving good mental health)</p>	<p>All are Welcome Pip and Egg (the importance of companionship)</p>	<p>All are Welcome If I were Prime Minister (democracy and politics)</p>
<p>Wc. 15.6.26 – 10.7.26</p> <p>First aid 15.6.26 – 19.6.26</p>	<p>Do not always need an adult to remind them of a rule. To take part in other pretend play with different roles. Discuss feelings/ transition into Reception</p>	<p>Discuss feelings/ transition into Year1</p>	<p>Health and Wellbeing Keeping safe 5 weeks</p>	<p>Health and Wellbeing Keeping safe 5 weeks</p>	<p>Health and Wellbeing Keeping safe 5 weeks</p>	<p>Health and Wellbeing Keeping safe 5 weeks</p>	<p>Health and Wellbeing Keeping safe 5 weeks</p>	<p>Health and Wellbeing Keeping safe 5 weeks</p>

*Career week in Summer 2 – focusing on aspirations.